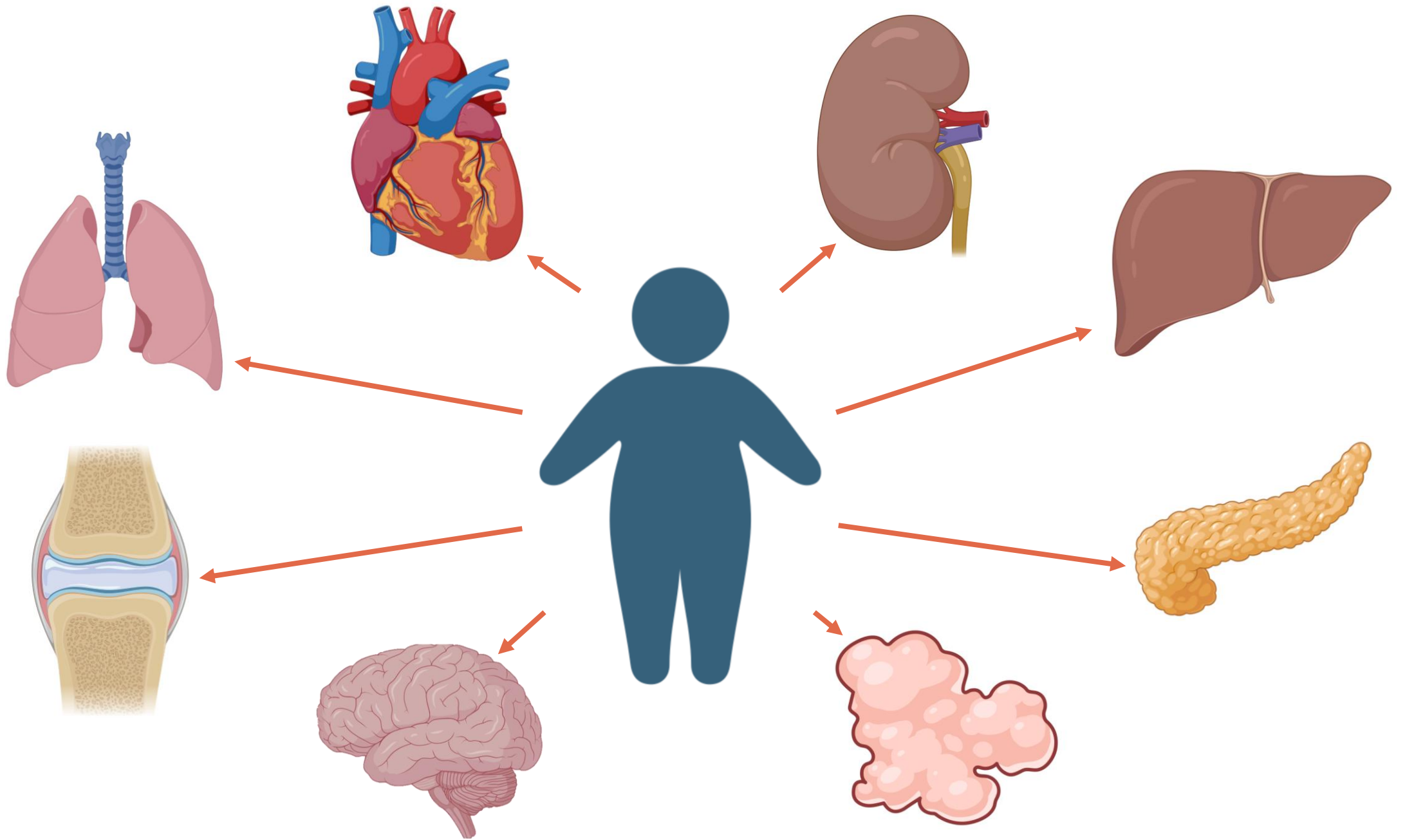




# Childhood Obesity

*It Takes a ~~Village~~ Neighbourhood*

Nihal Basha - FY1 Doctor



# Complications of Excess Weight (CEW) Clinics

37 clinics

Multidisciplinary approach

Identify Causes

Treat Complications

Individual holistic  
plans

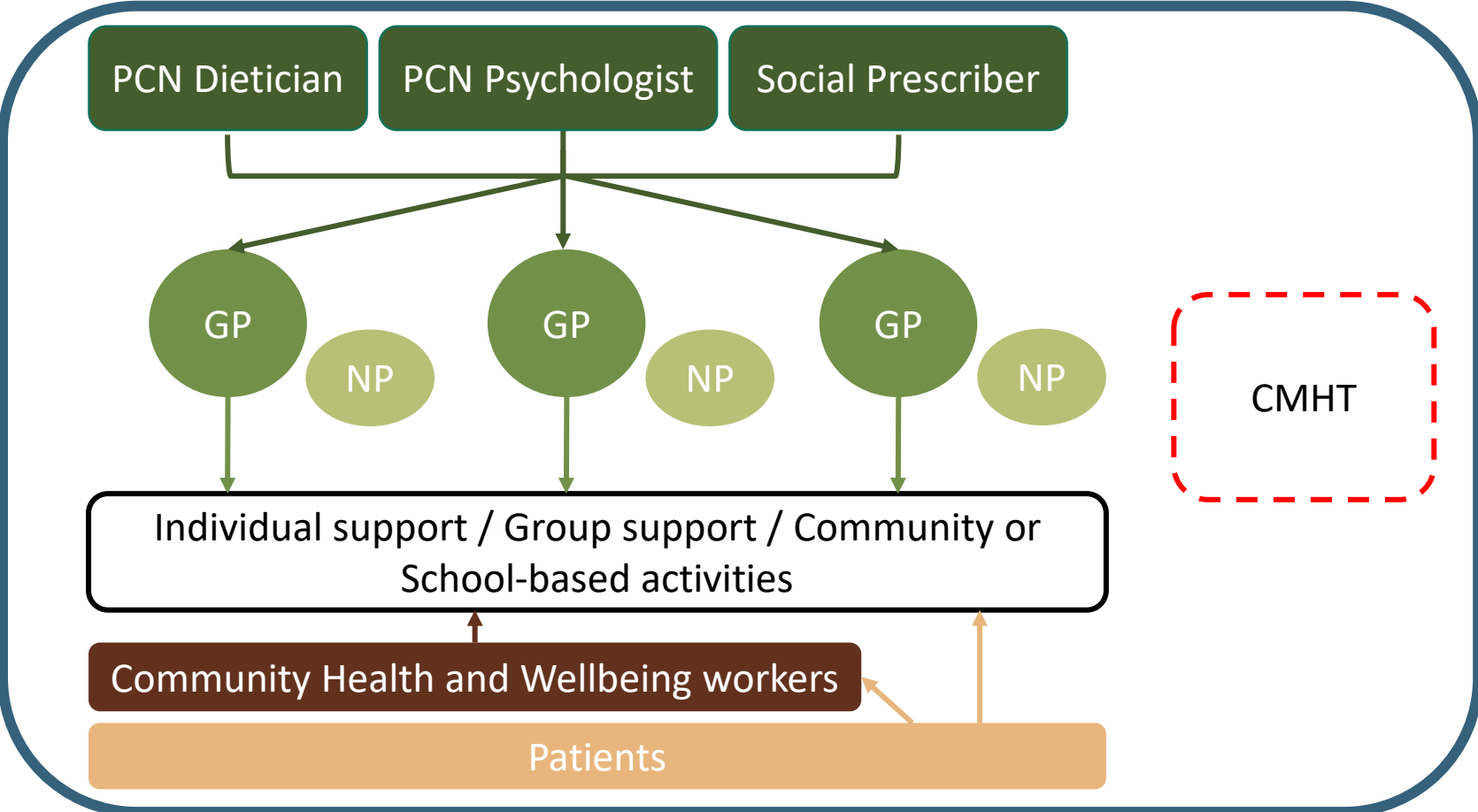
# Limitations

- Not available to children in earlier stages of overweight and obesity
- Earlier intervention may predict treatment adherence<sup>1</sup>
- Patient and carer feedback from CEW clinics suggests families struggle with travel and prefer care closer to home<sup>2</sup>
- Major reasons for attrition from paediatric weight management services more generally are logistical, including distance and clinic hours<sup>3</sup>

What about a neighbourhood-based model?

# Integrated Care Board (ICB) Funding

## Primary Care Network (PCN)



## Secondary Care CEW Clinic

Later stage obesity + comorbidities identified

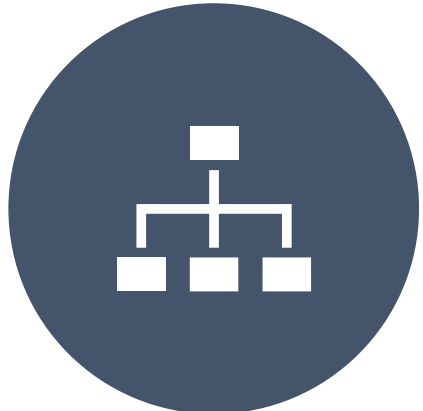
Community Hub



# Anticipating Challenges and Looking Forward



FUNDING



ORGANISATIONAL SILOS



UPTAKE AND CAPACITY

# References

1. Jørgensen, Rasmus & Bjørn, Amanda & Bjørn, Vitus & Bruun, Jens. (2023). The younger the better: importance of age in treatment of childhood obesity. *European Journal of Pediatrics*. 182. 1-9. 10.1007/s00431-023-05218-3.
2. Limbada, Faeza & Elliott, Lucy. (2025). 8482 Review of patient and carer feedback from the newly established complications of excess weight (CEW) in children clinic. *Archives of Disease in Childhood*. 110. A363.3-A364. 10.1136/archdischild-2025-rcpch.490.
3. Skelton, Joseph & Martin, S. & Irby, Megan. (2016). Satisfaction and attrition in paediatric weight management. *Clinical Obesity*. 6. n/a-n/a. 10.1111/cob.12138.