How to Manage: Paediatric Allergy Training – Part three (PAT 3)

Programme

Date | 14th May 2027
Location | Zoom
Audience | Suitable for a wide audience but of particular interest for paediatricians who are managing allergy clinics and / or have a specialist interest in allergy.

08:50	**Registration**	
Chair: Dr Gary Stiefel, Consultant in Paediatric Allergy, University Hospitals of Leicester NHS		
09.00	**Introduction** – rationale, aims, format	**Dr Gary Stiefel**
09.05	**1: Food challenges: pearls and pitfalls** Case selection for challenge How to manage allergic reaction and anaphylaxis Reducing indeterminate challenge outcomes	**Karen Wright**, Allergy Research Dietician, St Thomas' Hospital London **Dr Stephanie Cross**, Consultant in Paediatric Allergy, Southampton Children's Hospital
10.00	**Short break**	
10.05	**2. Mixed IgE non IgE skin and gut allergy**	**Dr Helen Cox,** Consultant in Paediatric Allergy, St Mary's Hospital
11.00	**Refreshment break**	
11.15	**3: Drug allergy** How to make an assessment on the ward, and in clinic after the event Common paediatric presentations When to refer to specialist services Penicillin de-labelling	**Dr Anjum Grewal,** Consultant in Paediatric Allergy, Sheffield Children's Hospital **Dr Eleanor Minshall**, Consultant in Paediatric Allergy, Sheffield Children's Hospital
12.10	**Short break**	
12.15	**4. Severe non IgE mediated food allergy**	**Dr Su Bunn**, Consultant Paediatric Gastroenterologist, Royal Aberdeen Children's Hospital
13.10	**Lunch**	
13.50	**5. Grey cases** 3 grey cases will be discussed, 20 minutes discussion for each case.	

	Grey case 1 FUNCTIONAL & FACTITIOUS ILLNESS: Grey case 2 RECURRENT ANAPHYLAXIS: Grey case 3 DRUG AND VENOM ALLERGY	**Dr Su Bunn** **Dr Devasmitha Venkataraman** **Dr Anjum Grewal**
14.50	**Questions from the grey cases**	
15.00	**Short break**	
15.05	**6: Disease modification in the management of allergic rhinitis and food allergy** Pearls of practice for severe allergic rhinitis Role of allergen immunotherapy When to consider SLIT Food immunotherapy and Omalizumab Using the immunotherapy registry	**Dr Mich Lajeunesse,** Consultant in Paediatric Allergy, Southampton Children's Hospital
15.30	**Final questions and Evaluation**	All
15.50	**Close**	

Learning aim
The PAT courses provide healthcare professionals with the specialist knowledge and skills required to effectively manage children with common and severe allergies, and their comorbid allergic conditions.

Learning outcomes

By the end of this course, you will be able to:

- Discuss approaches to severe non IgE mediated food allergy in children
- Describe approaches to the management of simple drug allergy in children and know when to refer
- Explore issues related to undertaking food challenges in children
- Describe assessment and treatment using immunotherapy for aero allergens and be able to describe and know when to refer for food immunotherapy
- Recognise the importance of team practice in a multi-disciplinary environment for the effective management of paediatric allergy.

This course has been approved in accordance with the current RCPCH CPD guidelines.

Please note that due to unforeseen circumstances, sessions and presenters may be subject to change.

Course lead
Dr Gary Stiefel