



RCPCH Global

Making a real difference to global child health

IMPACT REPORT 2015

GLOBAL LINKS: GLOBAL IMPACT

Paediatric international volunteer
programme leads the way

PALESTINE WORK PUTS RCPCH AT THE FRONT

Child health in Palestine

ETAT+ GOES FOR GOLD

Improving the quality of care
for infants and children

RCPCH

Royal College of
Paediatrics and Child Health

Leading the way in Children's Health



At the forefront of global child health

It is my great pleasure to introduce this first ever *RCPCH Global Impact Report*. For more than 10 years now the RCPCH has been at the forefront of global paediatric and child health work.

From ETAT+ in East Africa to Global Links in West Africa; the Visiting Fellowships we bring to the UK, to the MA in Child Health course in Palestine, you, the membership have worked tirelessly to make a difference to children and young people in low resource settings.

This report notes some of the impacts to date and outlines the developing work being undertaken by the RCPCH Global staff team and the members that engage with us. There is much to be proud of as we seek to make a true difference to global child health.

That we have managed to achieve so much in recent years is testament to the vision and energy of our Global Officer, Professor Steve Allen. His drive has moved us to the forefront of the global child health community and sees RCPCH Global lauded by partner paediatric associations, partner implementing agencies and donors alike. Steve is to step down later this year and so I would like to accord him our warm thanks for all he has done.



Judith Ellis | CEO, RCPCH

Judith Ellis | CEO, RCPCH



Global Health Consultancy: recruiting expertise

The Global Health Consultancy is a new initiative that will enable the College to effectively steward its Global Health workforce so that expertise can be readily deployed on a range of volunteer and contractual opportunities.

The RCPCH's portfolio of opportunities for placements across the globe is ever increasing. As such, the need for enhanced management and deployment support of our members as they participate in life-changing and lifesaving assignments in some of the world's lowest resourced settings.

From ETAT+ training in Myanmar, to supporting children out of institutionalised care in Romania; responding to the needs of disabled children in Palestine through to the monitoring and evaluation

of health outcomes of diarrhoea prevention programs in Pakistan, these opportunities are typical of the developing volunteer and contractual, paid, assignments that will be open to Global Health Consultants. All of this adds to the College's growing ability to impact upon global child health whilst further enhancing the skillsets of its members.

To recognise the valuable contribution you make to our global health work, members of the Consultancy will receive invitations to unique global health networking events and an annual Global Health Consultancy seminar.

To register with the Consultancy and be part of the College's global health impact, send an email with your CV now to ghc@rcpch.ac.uk

Website:
www.rcpch.ac.uk/global/consultancy



ETAT+ : Saving lives in the crucial first 24 hours

The RCPCH's innovative Emergency Triage Assessment and Treatment (ETAT+) programme aims to train staff across the healthcare spectrum to triage sick children into three categories — those with emergency signs, those with priority signs and those that are non-urgent cases.

In most countries in Sub-Saharan Africa, children are at the greatest risk of death in the first 24 hours of admission. To address this challenge the RCPCH has worked to deliver ETAT+ training across 18 hospitals in East Africa, with a particular interest in neonatology, including neonatal cardiology and neuro-developmental follow-up. College member Dr Bhanu Williams, a Global Links and ETAT+ UK consultant, has been conducting ETAT+ training and audit work in Lira Hospital, Northern Uganda, since April 2013:

"There's improved availability of resuscitation equipment, the ward layout is more efficient and processes for managing sick children are ordered and coherent with a tested triage system in place. I have learnt about simplified triage methods and have been able to transfer this back to implementing improved paediatric triage systems in my own hospital back in the UK. The exposure to tropical pathology has also been useful ongoing learning that is transferable back to my London hospital setting."

The RCPCH has been awarded just under £500,000 to deliver two 2-year extension programmes in both Rwanda and Uganda. As part of our continuing ETAT+ project we are now recruiting members to volunteer for 6-12 months to assist in the delivery of our flagship programme in Uganda.

Website:

www.rcpch.ac.uk/global/etat-africa





Myanmar: An emerging healthcare space

RCPCH's developing work in Myanmar is an example of the College's progressive approach to developing paediatric and child health capacities in low resource settings.

Infant and child mortality rates remain some of the highest in Asia and many of the causes are preventable. With the recent transition to democracy, RCPCH Global has been able to assist the Myanmar Paediatric Society in determining how best to improve newborn and under-five health. In particular, to strengthen the healthcare system to provide a comprehensive service at both the primary care and referral centres.

"We've been working in recent months to assist the development of effective, evidence-based, appropriate training and support for healthcare

providers to newborns and children in both the community and receiving hospitals."

RCPCH Member Jay Halbert.

RCPCH Global are working with the Minister of Health, UNICEF, the Myanmar Paediatric Society, and the Myanmar Nurse and Midwife Association. There has been agreement to the development of comprehensive child health training packages such as ETAT+, research, child protection, guideline development, quality improvement, clinical governance and medical exchanges.

The RCPCH has been awarded just under £250,000 to deliver an ETAT+ intervention in Myanmar. We are currently recruiting members to volunteer for 6-12 months to assist in the delivery of this Flagship programme.

Website:

www.rcpch.ac.uk/global/etat-myanmar



Global Links: Global Impact

One of the RCPCH's signature initiatives is its DFID funded Global Links volunteer programme. Funded by the British Government's Health Partnership Scheme, this programme sees members deployed to partner hospitals in West and East Africa, for up to twelve months.

Paediatricians attend the RCPCH Child Health in Low Resource Settings three-day course which equips clinicians to manage the most common childhood presentations they are about to encounter as well as provide insight into the nature of working overseas.

RCPCH Member Jacqueline le Geyt, an ST5 from

North London, spent 10 months at Nanyuki Hospital in Kenya, a county teaching and referral hospital with a catchment of 400,000. Jacqueline is working to support sick babies who have a range of conditions typical to low-resource settings, including Hypoxic Ischaemic Encephalopathy pneumonia, malnutrition and neonatal sepsis:

"Days at Nanyuki are long but fulfilling...Whilst I am able to support the stretched staff here and run teaching and training sessions for the local paediatric staff, which will hopefully have a sustainable impact after I'm gone, I have also acquired skills and expertise I can use back in North London. To me, the impact upon my own skills development has been immense!"

Website:

www.rcpch.ac.uk/global/global-links





RCPCH Global

Who, where and how...

East Africa, West Africa and Palestine:

Working tirelessly to make an impact in abject and low resource settings*

- Uganda
- Rwanda
- Sierra Leone
- Ghana
- Kenya
- Nigeria
- Palestine



low resource settings



Expanding our geographical reach



Project development

In 2015 we are planning to develop projects in even more regions

- Romania
- Bulgaria
- Myanmar
- Pakistan
- Democratic Republic of the Congo
- Ethiopia
- Tanzania

*During 2013 to 2014

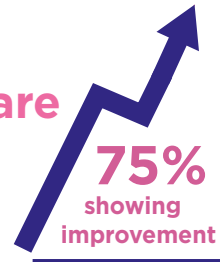
Developing lasting improvements:

1,453 local healthcare workers attended clinical training as part of the Global Links Programme, with 75% showing improved skills after three months.*



RCPCH Global Links

**1,453
healthcare
workers
trained**



**ETAT+
benefits
150,000
children**



Training the global workforce:

556 health workers and 280 medical and nursing students have been trained through the ETAT+ intervention benefitting up to 150,000 sick children at district level hospitals.*

Exchanging skills:

32 doctors from nine different countries have trained in the UK as part of the Visiting Fellowship Scheme and Global Links project.*



**32
visiting
doctors
to UK**



**25%
improvement in
leadership skills**



Expanding the skills base of UK doctors:

Global Links volunteers returning to the UK have expressed a 25% improvement in their leadership skills (self-assessed).*



Visiting Fellows: sharing knowledge

To date, the RCPCH Global Visiting Fellowship Programme has seen more than 200 overseas doctors participate in Fellowships to the UK.

Ordinarily up to six weeks in duration, these Fellowships enable paediatricians and child health specialists from low and middle income countries the opportunity to visit clinical centres in the UK to develop their knowledge and exchange good practice.

"We've seen placements at clinical centres ranging from Great Ormond Street in London to Alder Hey in Liverpool. Clinical placements in areas such as neonatology and community paediatrics have been successfully completed. Our Fellows have been able to develop their expertise in respect of clinical

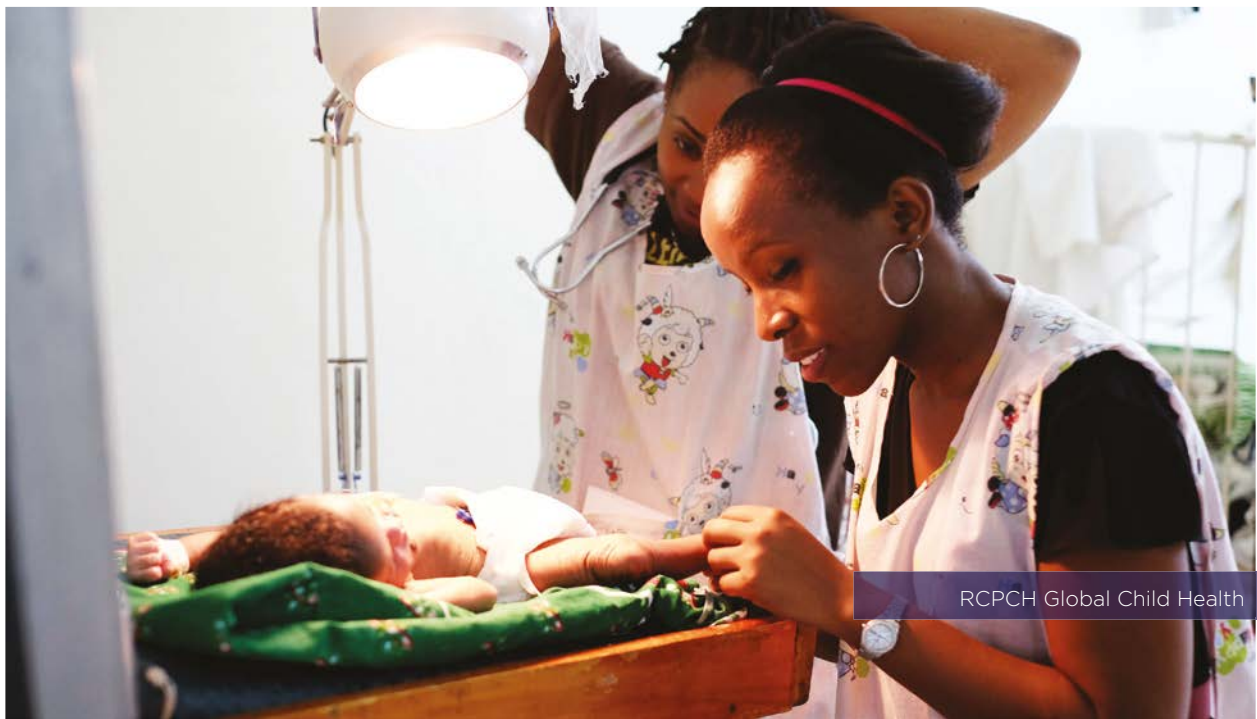
management, systems development and resource management. All of which affords the development of sustainable paediatric capacities back in the country of origin."

Programme Co-ordinator Marie Bontoux

During 2015, we will continue to ensure that the Visiting Fellows Programme remains as relevant as ever. Programmatic work such as the ETAT+ programme and the integrated Myanmar programme will see Fellowships offered. This will enable those with whom we are working with to acquire valuable skills and perspectives, which will add value to our overall programmatic intervention and, of course, impact.

Website:

www.rcpch.ac.uk/global/visiting-fellowships





The VSO partnership

The RCPCH / VSO Fellowship scheme has been one of RCPCH Global's outstanding successes.

It has seen members work in countries such as Tanzania, Ethiopia, the Gambia and Sierra Leone on placements of up to a year. In emerging and low resource health care settings, they have used their clinical, teaching and managerial skills to improve local paediatric services.

Overseen by the RCPCH / VSO Fellowship Board, paediatric trainees take an Out Of Programme Experience (OOPE) for six to twelve months to undertake placements with structured and bespoke support from RCPCH which provides both personal and professional learning. A UK-based paediatrician will mentor the Fellow in parallel with an in-country senior doctor.

The impact of the Fellowships has been huge, as returnee Benita Morrissey observed:

"The hospital I worked at was the government hospital in Bo, the second largest city in Sierra Leone, which had not had any paediatric doctors for many years due to the shortage in the country. As a result of this, I worked with the nursing staff to set up a paediatric triage, including screening all children presenting to the hospital for malnutrition and we opened an emergency area and intensive care/closer observation area."

Assessments are currently underway exploring the potential for joint neonatal work in East Africa and work on paediatric HIV/Aids in southern Africa. Together, RCPCH and VSO will continue to make a significant impact on global child health.

Website:

www.rcpch.ac.uk/global/vso-partnership





Palestine: Multidisciplinary training for primary care – the MA in child health

In the last 15 years the RCPCH programme to upgrade paediatric primary care training in Palestine has grown significantly to include a two-year long Master of Arts degree in Child Health for general practitioners and nurses at the Al Quds Medical school in East Jerusalem.

To date, a significant cohort of doctors and nurses have been trained and received a Diploma in Palestinian Child Health (DPCH), and a new group is well on its way to being granted an accredited MA in 2015.

Through this programme, both doctors and nurses were trained together using a team approach and taught through a comprehensive modular

programme. The impact this has had on the quality of primary health care is continuing to be pivotal. Thousands of children will benefit from improved quality, child-centred, care.

In addition, the RCPCH tutors have been able to improve the quality of growth monitoring and child protection skills amongst UNRWA staff, whilst organising educational courses in Gaza and Lebanon, with the support of Medical Aid for the Palestinians (MAP) and the Palestinian Society of Paediatrics (PSP).

One of RCPCH's emerging country programmes, this progressive work has enabled the building of vital partnerships with donors such as the David Baum International Foundation and THET.

Website:

www.rcpch.ac.uk/global/palestine





WASH action: Combatting the biggest killers of children

A new and emerging impact area for RCPCH Global is Water, Sanitation and Hygiene ('WASH').

This is about keeping babies clean to reduce susceptibilities to transmittable diseases, and addressing the link between the root causes of the biggest killers of children. WASH sees RCPCH Global working with a range of partners to introduce and strengthen healthcare systems so that barriers to handwashing and bathing are addressed. All of which has an impact upon resistance to infection and conditions such as diarrhoea:

"Evidence shows that through positive sanitation practices such as handwashing with soap, availability and use of clean water and the elimination of public defecation, mortality and morbidity associated with diarrhoea as well as pneumonia can be reduced."

Programme Co-ordinator Chris Cassar

Website:

www.rcpch.ac.uk/global/wash



Impact Report 2015

Addressing the challenge of institutionalised care

In looking to better respond to the needs of children in long term institutionalised care, Hope & Homes for Children, a UK based charity working towards achieving a complete deinstitutionalisation of children worldwide, turned to RCPCH Global for help.

This partnership will contribute to the deinstitutionalisation process in Eastern Europe by adding contemporary fostering and community paediatrics to the existing model of intervention. Consequently, RCPCH Global has undertaken needs-assessment visits to Bosnia, Bulgaria and Romania.

Here we have a chance to make a real impact, to develop this important area of work which will be essential as more institutions – including those for children with disabilities – finally close their doors".

Carolyn Sampeys, Designated Doctor for Looked after Children / Safeguarding for Public Health Wales

Website:

www.rcpch.ac.uk/global/???





Ensuring child rights

Advocating, empowering and supporting child rights is at the heart of RCPCH Global's approach. All of RCPCH's work draws reference from the UN Convention on the Rights of the Child (UNCRC) and from the College's operating ethos.

From initial concept, through to origination, implementation, monitoring and evaluation, all activities ensure that children are consulted and their views considered. Whilst this is not always easy in some of the cultural settings within which we work, children's and their parents' and carers' participation remains at the forefront of thinking and shapes the design of provision.

Our ETAT+ work has seen doctors and healthcare professionals in Uganda, Rwanda and Kenya

trained to consult with parents and children, so that prioritisation on admittance is both prompt and correct. Our survey work on deinstitutionalisation has seen members consulting with young people in Bosnia, Romania and Bulgaria as to their desired care needs - unheard of in these post-soviet health care systems. Our Global Links volunteers have been key to fostering the consideration of child rights in countries such as Ghana and Sierra Leone.

"A rights-based approach to child health is essential. RCPCH Global Links volunteers have played a huge role introducing thinking around consultation and consent and, particularly in response to the needs of disabled children, that they are informed and consulted with."

Head of Global Operations, Steve Crump

Website:

www.rcpch.ac.uk/global/ensuring-child-rights





Finance

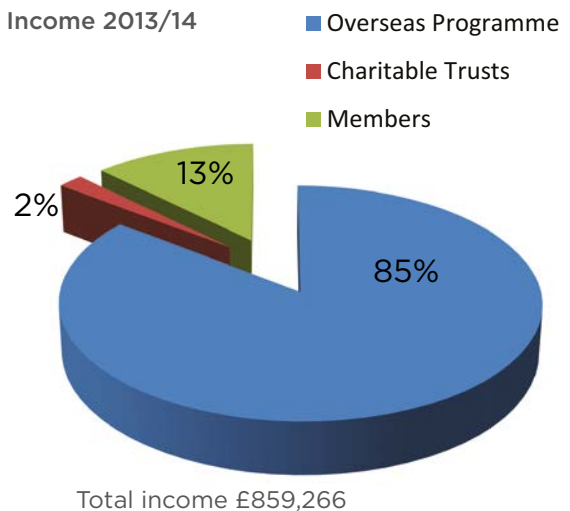
As a proven partner, RCPCH's Global operations are funded by a range of agencies including DFID, through its Health Partnership Scheme.

The Overseas Levy is a key resource which enables RCPCH Global to conduct assessment and appraisal work which is user led; as opposed to that which is governed by political or donor pre-requisites.

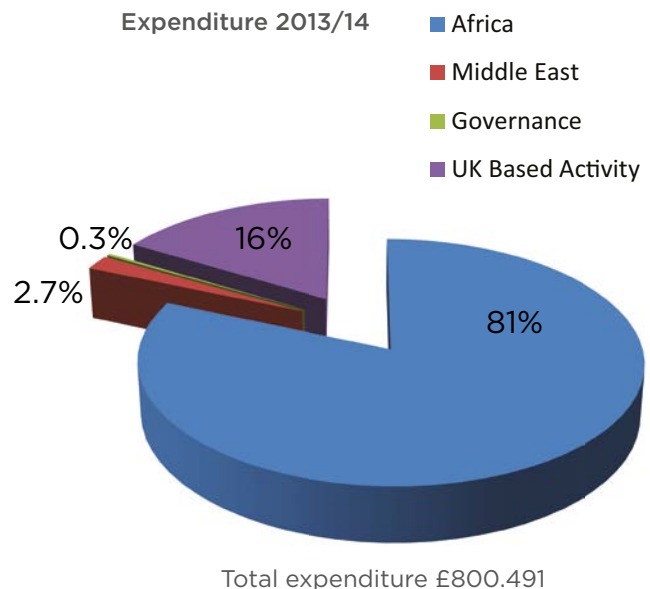
A substantial part of RCPCH Global expenditure was incurred in Africa through the ETAT+ and Global Links programme. The College also maintained its commitment to the MA in Child Health in Palestine through the Overseas Levy. UK costs include expenditure on staffing drawn from restricted grant funding.

This profile will change significantly in the coming months with the commencement of new programmes in Myanmar and Palestine.

Income 2013/14



Expenditure 2013/14



Source: 2013-14 Management Accounts

Full statutory accounts are available from the College upon request

Thank you

None of the work undertaken would have taken place without the support and interest of participant members, partners and donors:

The dedicated members who have volunteered their time to sit on the International Board and steward the work of RCPCH Global.

The senior members from whom RCPCH Global has drawn great reference as it has sought to design and deliver global child health work in often complex environments and those who deliver the benchmark CHiLS course and the MACH course in Palestine.

The programmatic staff team, who have worked tirelessly to design, deliver, monitor and evaluate the programmatic aspects of our work in partnership with their clinical colleagues

The wider RCPCH staff team who underpin and support RCPCH Global in a myriad of ways.

Our in-country paediatric partners such as the West African College of Physicians, the Kenyan Paediatric Association, the Uganda Paediatric Association, the Rwanda Paediatric Association, the Myanmar Paediatric Society, the Palestinian Society of Paediatrics.

The NHS Trusts and Hospitals that support our Visiting Fellows and Global Links Programmes.

Our partner Royal Colleges including RCOG, RCN, RCSych, RCM, RCP and RCSurgeons.

Our valuable donors and partner implementing agencies including DFID, THET, Save the Children, UNICEF, OFID, VSO, WHO, Wellbodi Trust, Hope & Homes for Children, Department of Health (International).

All of you, the membership who make a difference and impact through your Overseas Levy contributions – this is YOUR work.

But most of all, we owe a huge debt of thanks to David Baum and the David Baum International Foundation. David was a former President of the RCPCH who dedicated his work to improving the provision of health care to children in the lowest and most poorly resourced of settings. His untimely death whilst on a fundraising bike ride for the children of Kosovo and Gaza, led to the establishment of the David Baum International Foundation (DBIF).

Ever visionary, DBIF was to fund the RCPCH's early global working including Emergency Triage work in East Africa, research work on Emergency triage methodologies and the Diploma in Child Health course in Palestine which was to lead onto the MA. This and more, enabled the RCPCH to develop its global health agenda and achieve both the success and impact that has occurred.



www.rcpch.ac.uk/global



international@rcpch.ac.uk