



Healthy child
Programme

e-Learning Curriculum

Module overview	Session Name
Module 1 Healthy Child Programme Basics This module introduces you to the Healthy Child Programme and the background and philosophies supporting it - the principle preventive child health programme in England.	Introduction to the Healthy Child Programme
	Leadership, Monitoring and Quality: Part 1: Principles
	Leadership, Monitoring and Quality: Part 2: In Practice
Module 2 Communication, Record Keeping and Inter-professional Working These sessions provide you with guidance on keeping good records in practice to promote effective communication and inter-professional working.	Communication and Record Keeping
	Using Record Keeping to Promote Multi-agency Working
	Using the Personal Child Health Record (PCHR)
Module 3 Family Health Addressing a wide range of topics, this module provides you with resources on the health of the family in the UK. Sessions include topics such as the role of the father, the socio-emotional environment, hard to reach families and child resilience.	Families in the UK
	Home Environment
	Hard to Reach Families
	Protecting Families/Resilience
Module 4 Safeguarding This module builds upon existing safeguarding materials, providing additional learning sessions on vulnerable children including looked after children, to support you when operating in this challenging area of practice.	Safeguarding Overview
	Vulnerable Children
	Looked After Children Part 1: Challenges and Principles
	Looked After Children Part 2: Influencing Factors and Outcomes of Care Journeys
Module 5 Positive Parenting & Parenting Issues Addressing a range of topics around parenting, this module contains	Promoting Attachment and Wellbeing Part 1: Concepts
	Promoting Attachment and Wellbeing Part 2: In Practice
	Parenting Support Part 1: Definitions and Concepts

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resources on how factors such as attachment and wellbeing, parenting support and parental relationships affect the health of the child.	Parenting Support Part 2: In Practice
	Parental Relationships Part 1: Influences and Effects
	Parental Relationships Part 2: Practical Methods of Assessment and Support
Module 6 Development & Behaviour Child development in the first five years of life is a critical time for any family. These sessions review early child development and provide you with guidance when dealing with challenges around feeding, sleeping and toileting as well as common emotional and behavioural problems.	Introduction to Development Part 1: Description and Influences
	Introduction to Development Part 2: Assessment and Referral
	Common Motor/Movement Problems Part 1: Normal Variations
	Common Motor/Movement Problems Part 2: Motor Disorders
	Feeding Difficulties
	Sleeping Part 1: Normal Physiology and Common Problems
	Sleeping Part 2: Parasomnias in Childhood and Disturbed Sleep in Children with Disabilities
	Toileting: Bladder and Bowel Control
	Fantastic Twos - Common Behavioural and Emotional Problems Part 1: Theory
	Fantastic Twos - Common Behavioural and Emotional Problems Part 2: In Practice
	Child Mental Health: Getting a Good Start
Module 7 Speech Language and Communication Needs The development of a child's ability to communicate is addressed in this module. Typical and atypical development are considered, along with bilingualism and social aspects of communication.	Child as Listener and Speaker Part 1: Non-verbal Aspects of Communication
	Child as Listener and Speaker Part 2: Verbal Aspects of Communication
	Typical Development Part 1: From Birth to Babble
	Typical Development Part 2: First Words and Early Sentences
	Communication Impairments Part 1: Late-talking Toddlers and Specific Language Impairments
	Communication Impairments Part 2: Specific Speech Impairments
	Communication Impairments Part 3: Cleft Palate, Hearing Impairment, Stammering and Selective Mutism
	Communication Impairments Part 4: Autistic Spectrum Disorders, Down Syndrome and AAC

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	Children Learning Two or More Languages
	Supporting Strategies for Speech, Language and Communication
<p>Module 8 Growth & Nutrition</p> <p>From pre-pregnancy through to adulthood, nutrition plays a vital role in healthy development. Focussing on the first five years of life, this module provides you with guidance on nutrition, feeding, weaning, growth and growth charts, the social context of food and obesity in the early years.</p>	Nutrition Before and During Pregnancy
	Infant Feeding Part 1: Breastfeeding
	Infant Feeding Part 2: Formula Feeding
	Infant Feeding Part 3: Weaning
	Feeding Preterm Infants in Neonatal Units
	Healthy Eating for Toddlers: 1- 4 years
	Weighing and Measuring Infants and Children
	Growth Charts and their Interpretation
	Faltering Growth
	Common Nutritional Problems in Pre-schoolers
	The Social Context of Food
	Feeding Children with Development Difficulties
	Obese Toddlers and Infants
	<p>Module 9 Immunisation</p> <p>These sessions deliver guidance for healthcare professionals working with families, providing advice, support and addressing parental anxieties around immunisation.</p>
Vaccine-preventable Diseases and their Vaccines: Universally-used Vaccines Part 1	
Vaccine-preventable Diseases and their Vaccines: Universally-used Vaccines Part 2	
Vaccine-preventable Diseases and their Vaccines: Selectively-used Vaccines	
Talking with Parents: Addressing some of the Questions and Concerns Parents Raise	
<p>Module 10 Health Promotion</p> <p>This module outlines vital areas of interest in promoting health from the start in pregnancy through to the first five years of life. With a focus on smoking, obesity, mental health and substance misuse, this module also includes topics such as dental health and injury prevention.</p>	Basic Principles of Health Promotion
	Health Promotion in Pregnancy (Smoking) Part 1: Basic Principles
	Health Promotion in Pregnancy (Smoking) Part 2: Health Promotion Approaches and Actions
	Mental Health Promotion in the Perinatal Period
	Health Promotion in Pregnancy: Obesity

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	Obesity Prevention in Children
	Dental Health Promotion
	Injury Prevention
	Preconception Care
	Helping to Reduce Neonatal and Infant Death
	Substance Misuse
	Health Promotion: Breastfeeding
Module 11 Screening Screening forms a key part of the Healthy Child Programme. This module outlines the importance of screening and describes the timeline for screening in the first five years of life. The role of the UK National Screening Committee is also discussed.	Overview and Principles of Screening
	Ensuring Quality: Role of the UK NSC, Policy Development, Review and Quality Assurance
	Screening Programmes Part 1: Pregnancy and Newborn
	Screening Programmes Part 2: Antenatal and Newborn through to Pre-school
Module 12 Health Visiting Model of Practice This session forms the first stage of providing the health visitor profession with a model of practice that you and families can use to guide your work together on the Healthy Child Programme.	Healthy Child Programme Model of Practice for Health Visitors